

CENTRAL BUCKS SCHOOL DISTRICT
Curriculum Committee Minutes
February 13, 2013

MEMBERS PRESENT

John Gamble, Chair
Kelly Unger, Member
Stephen Corr, Member

OTHER BOARD MEMBERS AND ADMINISTRATORS PRESENT

Jim Duffy
Paul Faulkner
Dr. Rod Green
Dr. Nancy Silvius
Dr. David Weitzel
Mrs. Dale Scafuro
Mr. Paul Beltz

COMMITTEE MEMBERS ABSENT

Jerel Wohl, Member

There were community members present.

PUBLIC COMMENT

There was no public comment.

APPROVAL OF MINUTES

Curriculum Committee Minutes from December 12, 2012 were approved as presented.

INFORMATION/DISCUSSION/ACTION ITEMS

Paul Beltz, Supervisor of Reading K-6, Federal Programs and State Testing presented the PA School Performance Profile from PA Department of Education. This profile will be announced for each elementary, middle and high school in April. It will provide a quantitative academic score based upon a 100-point scale. Scores for a school are calculated based on defined data from that school such as: percent proficient or advanced on PSSA in reading, math, writing and science, SAT scores and Advanced Placement achievement (if a high school), Grade 3 reading proficient and advanced (if an elementary school), percent of growth on PSSA tests, etc.

This score will provide a school score for teacher ratings, as part of the Education Effectiveness System (teacher evaluation), a means to compare the school/district of residence and others, and inform the public of the academic performance measures of each school.

The score will count as 15% of a teacher's evaluation rating with 85% being the observation process.

Mrs. Scafuro presented a Wellness Update for the district.

In Central Bucks, 9.8% of 6-11 year-old students are considered obese compared to 14% in Bucks County and 18% nationally. For 12-19 year-old students, the percentages are 9.8% for Central Bucks, 14.2% for Bucks County and 18.4% nationally. Central Bucks shows half the national number.

Obesity is defined as a Body Mass Index (BMI) above the 95% percentile. BMI is an estimate of an individual's relative body fat calculated from height and weight.

The number of ADD/ADHD students has declined from 1415 in 09-10 to 1092 in 11-12. There are 3 students with Type 2 diabetes, with 70 students with Type 1 diabetes. There are 98 students with congenital cardiac condition and 2,449 students with asthma.

Central Bucks has a partnership with the Alliance for a Healthier Generation, a free resource which assists schools in assessing the wellness of students and staff with activities to improve.

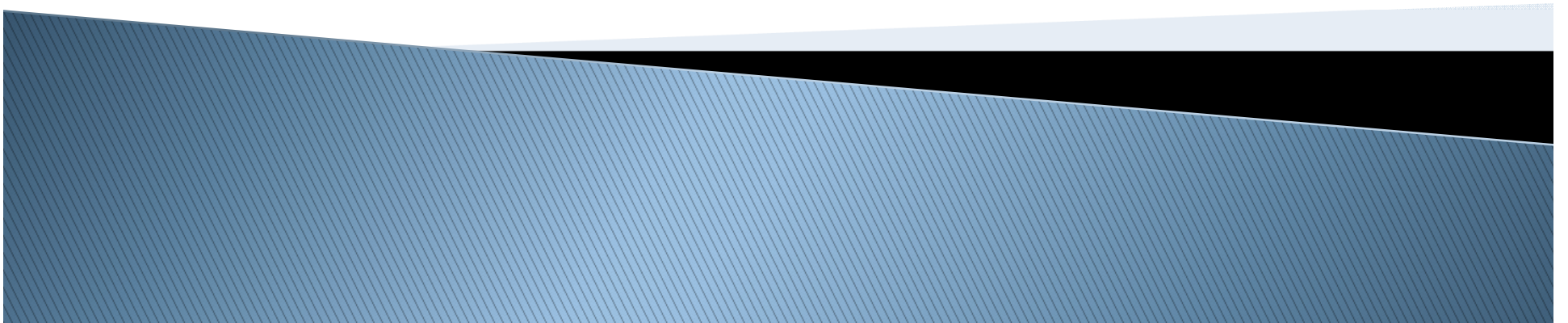
Mrs. Scafuro shared Policy 806—Child/Student Abuse and highlighted the changes. Policy 806 will now include the requirement for three hours of training every 5 years for all school staff regarding recognition and reporting of child abuse and sexual misconduct. The district is working with Safe Schools to develop online training modules to assist in this requirement. This policy will go to the full board for first reading on February 26, 2013.

ADJOURNMENT

Minutes submitted by Dr. Nancy Silvius, Assistant Superintendent for Secondary Education and Administrative Liaison to the Curriculum Committee.

Student Wellness Update

February 2013



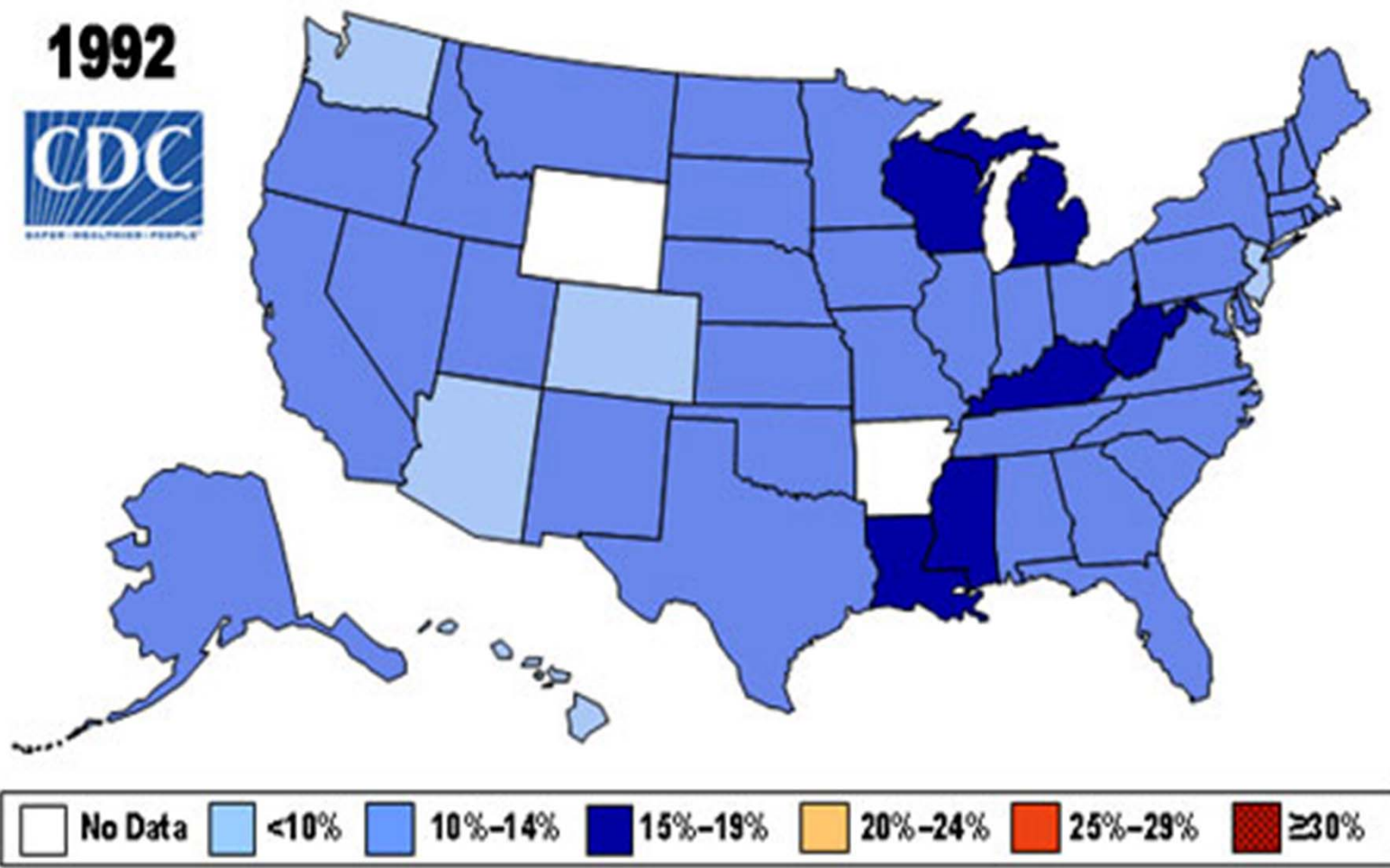
History

- ▶ **NUTRITION REAUTHORIZATION ACT**
 - Required schools to establish nutrition and physical activity policies by July, 2006.

- ▶ **HEALTHY, HUNGER-FREE KIDS ACT of 2010**
 - Expanded previous wellness policy requirements

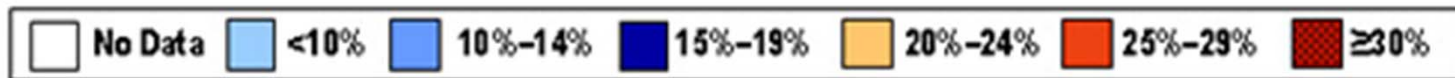
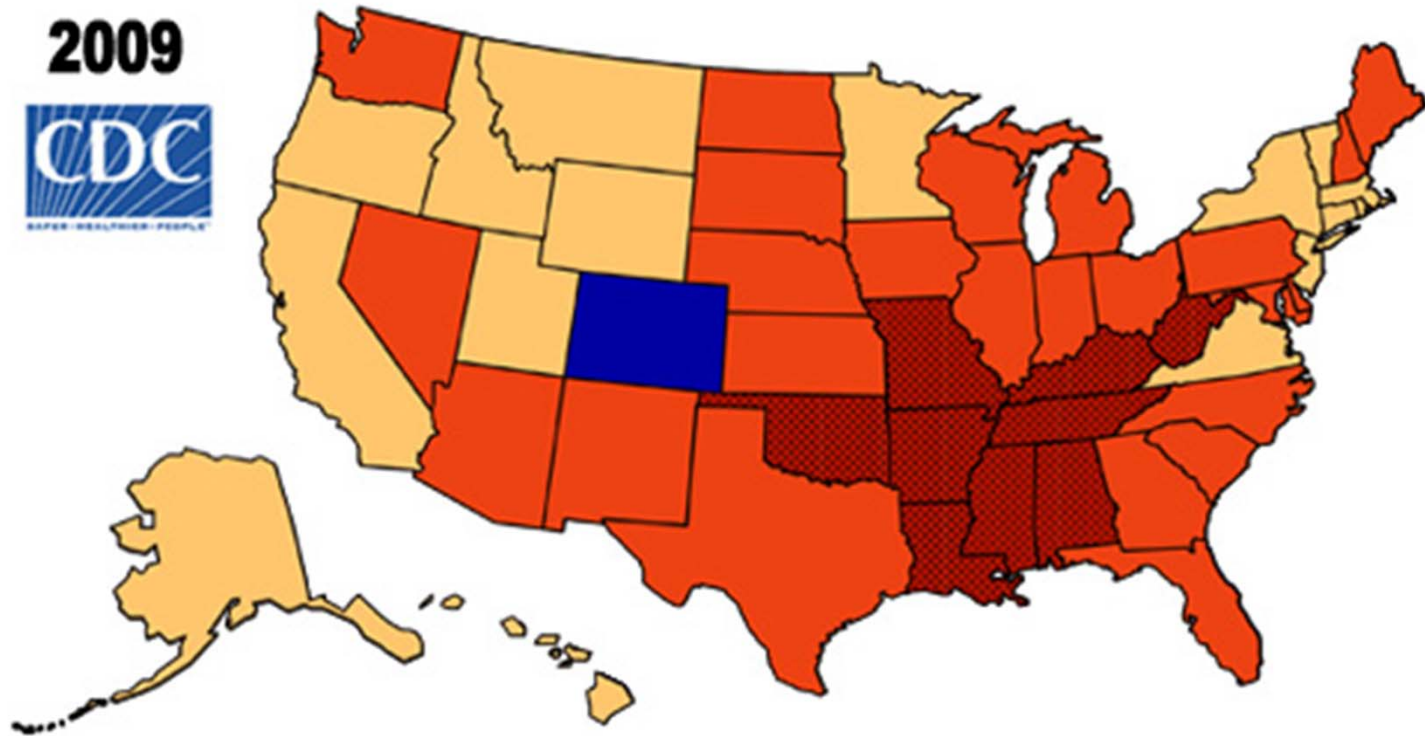
- ▶ **REQUIREMENTS**
 - Nutrition Guidelines
 - Physical Activity
 - Nutrition Education
 - Nutrition Promotion (new)

WHY?



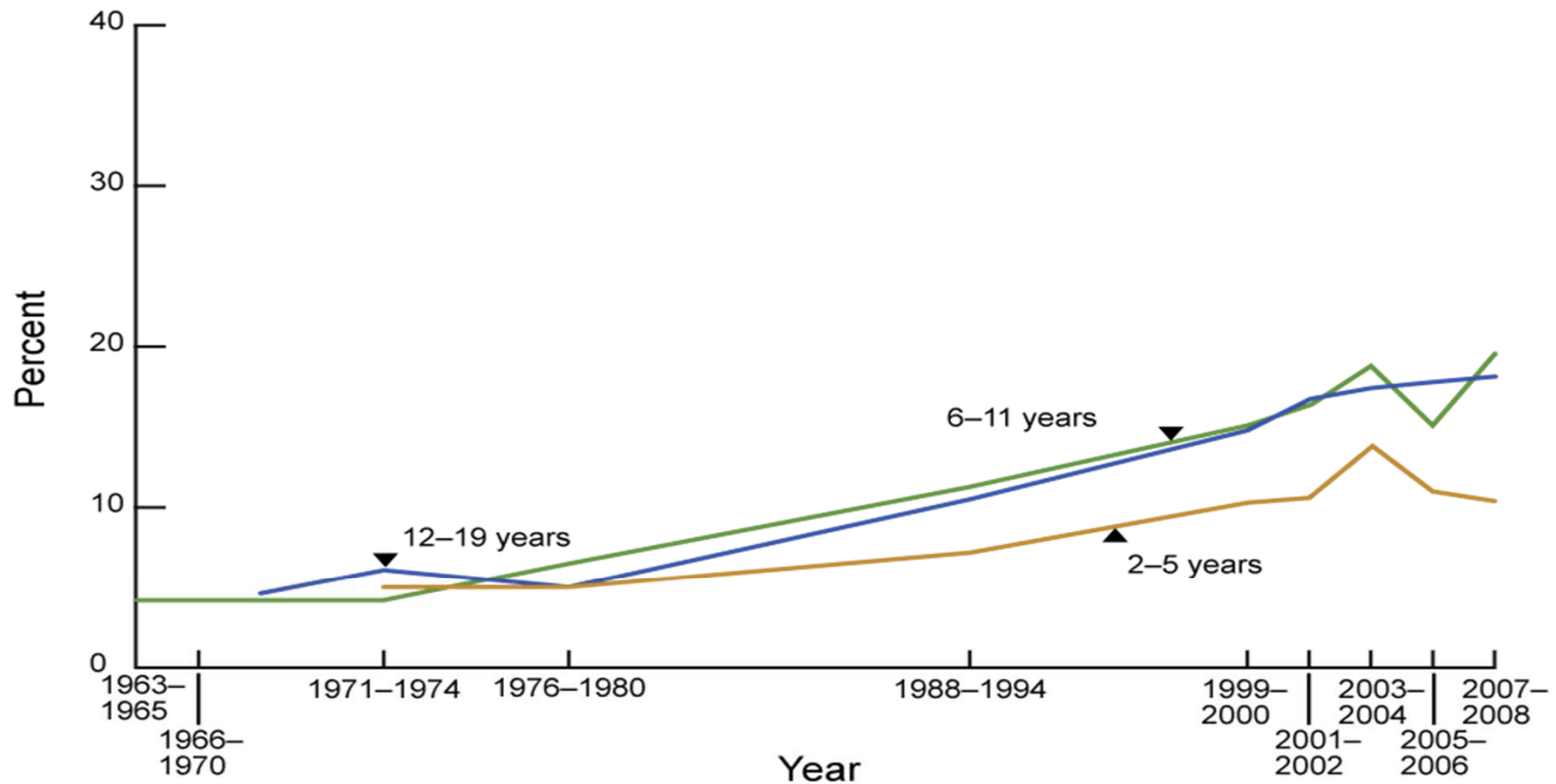
HERE'S WHY

2009



CHILD and ADOLESCENT DATA

Figure 1. Trends in obesity among children and adolescents: United States, 1963–2008



NOTE: Obesity is defined as body mass index (BMI) greater than or equal to sex- and age-specific 95th percentile from the 2000 CDC Growth Charts.
SOURCES: CDC/NCHS, National Health Examination Surveys II (ages 6–11), III (ages 12–17), and National Health and Nutrition Examination Surveys (NHANES) I–III, and NHANES 1999–2000, 2001–2002, 2003–2004, 2005–2006, and 2007–2008.

Student Health in Central Bucks: BMI

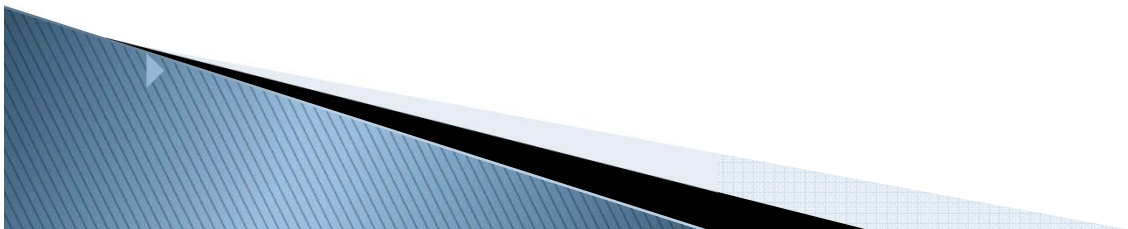
	Central Bucks	Bucks County	US
6-11 years old (Elementary)	9.8%	14%	18%
12-19 years old (Secondary)	9.8%	14.2%	18.4%

- Obesity is defined as a BMI above the 95th percentile.
- BMI is a standardized estimate of an individual's relative body fat calculated from his or her height and weight.



Student Health in Central Bucks

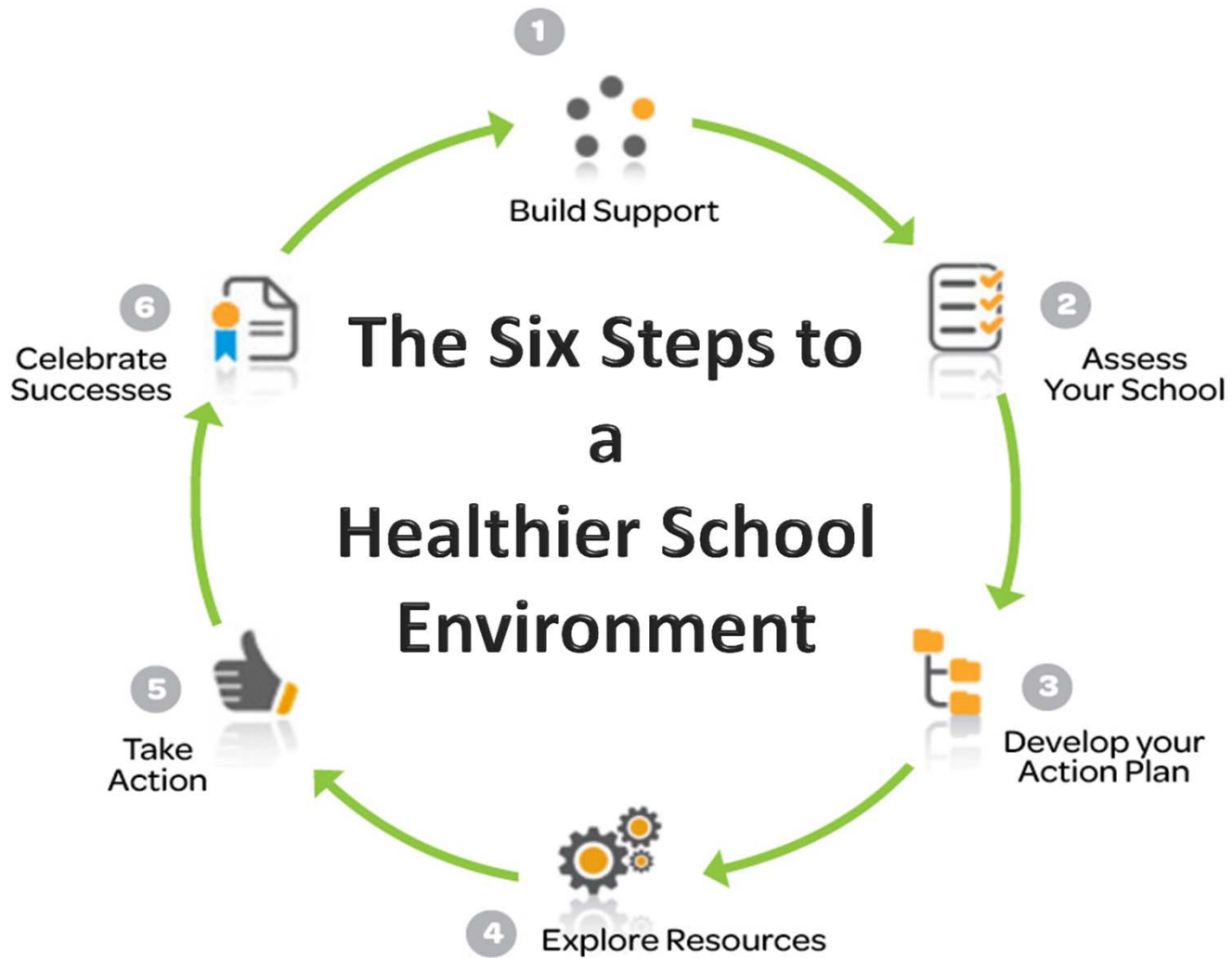
- ▶ Students identified as ADD/ADHD has declined from a total of 1415 students in 09-10 to a total of 1092 students in 2011-12.
- ▶ We have three (3) students district wide identified with Type 2 diabetes. We have 70 students with Type 1 diabetes.
- ▶ We have 98 students district wide with a cardiac condition; these are congenital conditions.
- ▶ We have 2449 students with asthma.

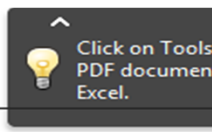


Alliance for a Healthier Generation

- ▶ Partnership between the American Heart Association, William J. Clinton Foundation and the Robert Wood Johnson Foundation
- ▶ Goals
 - Eliminate childhood obesity
 - Development of lifelong, healthy habits
- ▶ **FREE** support and resources
- ▶ Assessment-Planning-Implementation-Assessment
 - Policy, school meals, health education, employee wellness, physical education and student wellness







CHECKLIST CRITERIA

Elementary

Bronze: 4 Checklist Criteria
Silver: 7 Checklist Criteria
Gold: 11 (All) Checklist Criteria

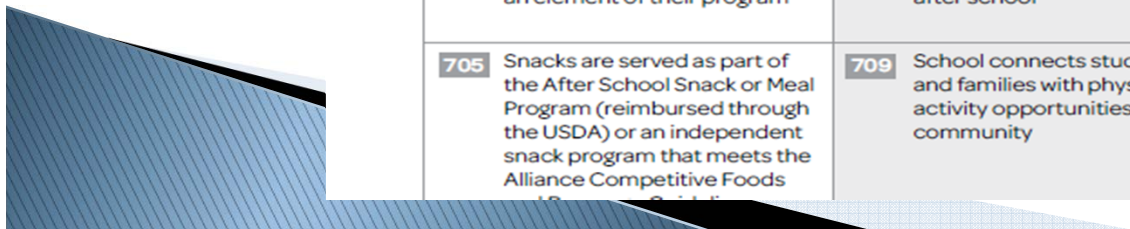
Middle

Bronze: 4 Checklist Criteria
Silver: 7 Checklist Criteria
Gold: 10 (All) Checklist Criteria

High

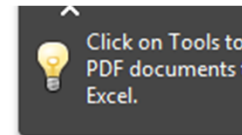
Bronze: 4 Checklist Criteria
Silver: 7 Checklist Criteria
Gold: 8 (All) Checklist Criteria

<p>701 At the elementary school level, school offers at least 20 minutes of recess daily</p>	<p>705 Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines</p>	<p>707 School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education)</p>
<p>702 At the elementary school level, classes participate in recess before lunch</p>	<p>706 Afterschool programs (academic enrichment and tutoring) that serve snacks incorporate nutrition education</p>	<p>708 School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school</p>
<p>703 Before and afterschool programs dedicate at least 20% of their time to physical activity</p>	<p>707 School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education)</p>	<p>709 School connects students and families with physical activity opportunities in the community</p>
<p>704 All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program</p>	<p>708 School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school</p>	<p>710 School actively supports and promotes walking or bicycling to and from school</p>
<p>705 Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines</p>	<p>709 School connects students and families with physical activity opportunities in the community</p>	<p>711 School policies and practices support that physical activity is not used for or withheld as punishment for students</p>





employee wellness



BRONZE LEVEL AWARD

- 501 A school employee wellness leader or committee has been identified

- 502 A school employee wellness needs or interest assessment has been conducted yearly with staff

- 503 School staff have opportunities to participate in physical activities OR healthy eating programs

SILVER LEVEL AWARD

- Meets Bronze

- 504 School staff have opportunities to participate in physical activities AND healthy eating programs

GOLD LEVEL AWARD

- Meets Silver

- 505 School staff are actively participating in physical activity and healthy eating programs

- 506 School or district annually evaluates the employee wellness program

- 507 District has a comprehensive employee wellness program

- 508 District insurance coverage provides obesity prevention and treatment services for staff



Tohickon: Our First Bronze Winner

